

Autism
Change
Your
ReActions



Changing your reactions
can make a more inclusive
and welcoming world for all.

No one wants to feel judged and unwelcome in their own communities - but many autistic people and their families experience this every day.

Find out how at [ChangeYourReactions.com](https://www.ChangeYourReactions.com)

Make a pledge. Make the world more accepting for autistic people.

What is autism?

Autism is a lifelong neurodevelopmental disability that affects the way people communicate and interact with the world. Characteristics generally appear in early childhood and will be present, in some form, for life.

Around 1 in 100 Australians is autistic and 85% of the community has a personal connection with an autistic person.

Autism affects the way individuals interact with others and how they experience the world around them. Every autistic person is different, which means that each person has unique strengths and challenges.

Autistic people may have:

- challenges with communicating and interacting with others
- repetitive and different behaviours, moving their bodies in different ways
- strong interest in one topic or subject
- unusual reactions to what they see, hear, smell, touch or taste
- preferences for routines and dislike change.

Who is Amaze?

Amaze began in 1967, when a group of parents who were struggling to find autism resources set up the Victorian Autistic Children's and Adult's Association. Over 50 years, we've built on those ambitions. Today, Amaze is the peak body for autistic people and their supporters in Victoria.

Our aspiration is to shape a society that respects the dignity of every autistic person and offers them real opportunities to participate and contribute.

Our work focuses on three areas, identified as priorities by the Victorian autism community:

1. Building autism understanding in the community
2. Improving attitudes and behaviours towards autistic people
3. Increasing opportunities for meaningful participation and valued contribution for autistic people.

We provide free, independent and expert information to more than 200,000 people each year through our Autism Advisor helpline, website and workshops; drive systemic change through a robust, evidence-based policy advice and advocacy; and build greater understanding of autism in the wider world through innovative training programs, meaningful corporate partnerships and powerful public education campaigns.

Need autism information or advice?

Get free, expert and independent information about autism, as well as supports and services in Victoria. Contact the Amaze Autism Advisors, open from 8am to 7pm, Monday to Friday.

Call 1300 308 699 | **Email** info@amaze.org.au

Web chat www.amaze.org.au



Supported by the Victorian Government

